

# Welcome to 5<sup>th</sup> Grade!

Today may bring you a mix of emotions. Whether you are preparing to bring your first child to school or your last (or somewhere in between!), this day is a big day. You may be feeling anxiety, relief, excitement, or a mix of all three!

We want you to know that we understand what a moment this is. Our school believes that your child will spend the next several months here discovering so much about themselves and the world around them. We also believe that we can impact the future of a child by providing the best possible educational experience, including teaching social-emotional skills and promoting good character through our partnership with Core Essential Values®.

Using this curriculum, we will teach ten values this school year, one per month, all of which focus on our **Big 3**:

Treat others right • Make smart decisions • Maximize your potential

You'll get info each month about what we're teaching, because we hope you'll join us in lifting up these Big Ideas (value words) at home as well.

## 2022-2023 Big Ideas

**August-Honor:** Letting someone know you see how valuable they really are

**September-Trust:** Putting your confidence in someone you can depend on

**October-Grit:** Refusing to give up when life gets hard

**November-Courage:** Being brave enough to do what you should do, even when you're afraid

**December-Joy:** Finding a way to be happy, even when things don't go your way

**January-Knowledge:** Learning something new so you can be better at whatever you do

**February-Respect:** Showing others they are important what you say and do

**March-Forgiveness:** Deciding that someone who has wronged you doesn't have to pay

**April-Humility:** Putting others first by giving up what you think you deserve

**May-Determination:** Deciding it's worth it to finish what you started

# It's Just a **Phase**... *Don't Miss It!*

In 10 short months you'll be emptying a backpack full of broken pencils, crumpled writing assignments, and science worksheets. After that, your child will be a sixth grader and you'll never know them as a fifth grader again! So we want to encourage you to embrace this phase and don't miss it.

Here's some research compiled by our Phase Project ® about fifth graders:

## Fifth Graders...

- ... may be easily embarrassed about their body.
- ... benefit by being encouraged to be persistent despite their performance.
- ... still need 10-11 hours of sleep each night.
- ... benefit from a best friend and other healthy friendships (research shows that there's extraordinary value in having a best friend in the fifth grade).
- ... are able to collaborate on rules and consequences.
- ... are beginning to understand abstract concepts.
- ... enjoy problem solving.
- ... desire more personal privacy.
- ... need to experience moderate failure and consequences to build resilience.
- ... want to be seen as "independent" and "mature".